1. Will Cigna cover the cost for the vaccine?
At this time, the costs related to the COVID-19 vaccine and its administration are typically being paid by governments and there should be no cost of the vaccine or its administration.

2. What are the common side-effects of the vaccine?
It is normal to have minor side effects during the first week after receiving the vaccine.

These could range from
- ➢ Fatigue and headaches
- ➢ Fever
- ➢ Pain, swelling or redness at the injection-site
- ➢ Joint pain
- ➢ Vomiting and diarrhea
- ➢ Shivering

Generally, the mild symptoms subside without treatment.

3. What should I do if I experience any side effects?
You can go to the nearest healthcare centre or hospital or contact the relevant health authority.

4. If someone has taken a vaccination (for eg. The flu vaccine) other than the COVID-19 vaccine, is it safe to take the COVID-19 vaccine?
Yes, it is safe to take the COVID-19 vaccine. However, it is advisable to wait for four weeks after the previous vaccine (in this example, the flu vaccine) to be able to take the COVID-19 vaccine.

Please inform your healthcare provider about all vaccines and medication that you are taking, prior to receiving the vaccination.

5. Can we take more than one kind of COVID-19 vaccination?
At present, there is still ongoing research to evaluate the safe time-period to take another type of COVID-19 vaccine. Until the completion of detailed research on this subject, it is not advisable for people to take different types of COVID-19 vaccinations.

6. Am I exempt from taking the PCR test for travel purposes if I have taken the COVID-19 vaccine?
No, you are not exempt. Current regulations do not exempt recipients of the COVID-19 vaccine from any COVID-19 imposed safety regulations.

7. Can I stop wearing a facemask after taking the COVID-19 vaccine?
No, you still need to keep wearing the facemask and you must follow all precautionary measures. Current regulations do not exempt recipients of the COVID-19 vaccine from any COVID-19 imposed safety regulations.

8. Is vaccination voluntary or compulsory?
Currently the vaccine is voluntary only.

9. What are the benefits of getting a COVID-19 vaccine?
Getting a COVID-19 vaccine can help protect you by creating an antibody response in your body. Getting vaccinated also might help protect people around you from COVID-19, particularly people at increased risk of severe illness from the virus and its complications.

10. From which age can the vaccine be given?
From 16 years and above in the UAE.

11. Can a person who has previously contracted COVID-19 be vaccinated?
The regulators administering the COVID-19 vaccine recommend that those who have previously been infected with COVID-19 can receive the shot after three months from the date of infection.

12. Is the vaccine effective against the new COVID-19 strain which has emerged recently?
No information is available currently. The efficacy of the vaccine on the new strain will be determined after the conclusion of the ongoing study which may take a month.

IMPORTANT LINKS

- United Arab Emirates
  - Dubai Health Authority
  - Ministry of Health and Prevention
  - Abu Dhabi Health Services Company (SEHA)
- Bahrain
  - https://www.moh.gov.bh/COVID19/Details/4548
- Sultanate of Oman
  - https://www.moh.gov.om/en/home
- KSA
  - https://www.moh.gov.sa/awarenessplateform/VariousTopics/Documents/COVID-19Vaccine-English.pdf
- Qatar
- Kuwait
- Jordan